



2617 Phillips Dr. • Jonesboro, AR 72401  
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# Cardiovascular Program Referral Form

## CLIENT INFORMATION

Name: \_\_\_\_\_ Age \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Phone Number: (        ) \_\_\_\_\_

DOB: \_\_\_\_\_

Reason for Referral: \_\_\_\_\_

Mr. / Ms. \_\_\_\_\_ is medically cleared for participation in the **cardiovascular** program at the NEA Clinic Wellness Center.

Any areas of concern \_\_\_\_\_

As a part of the program, we include a Health Risk Appraisal assessment of the patient’s overall health. To make the best use of such a tool, we need the following clinical data:

- Blood Pressure \_\_\_\_\_ / \_\_\_\_\_
- Total Cholesterol \_\_\_\_\_ HDL \_\_\_\_\_ LDL \_\_\_\_\_
- Triglycerides \_\_\_\_\_
- Glucose \_\_\_\_\_
- Fasting \_\_\_\_\_
- HgbA1c \_\_\_\_\_



In addition, we will be checking the participant’s height, weight, body composition, as well as, surveying their lifestyle habits. Each participant will receive a Personal Wellness Report. A summary report of your patient’s participation and results will be sent to you if you wish. Please provide your contact information below.

Physician Name: \_\_\_\_\_

Office Address: \_\_\_\_\_

City/ST/Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

We look forward to working closely with your patient, to help them optimize their health and attain a greater sense of “wellness” in all aspects of their life. It takes a team effort to achieve success in changing behaviors and we welcome you and your patient to our team!